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A Guatemalan Odyssey

January 14th to 24rd, 2019

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International Needs Canada



GUATEMALA,
a Central American
country south of Mexico,
is home to volcanoes,
rainforests and ancient
Mayan sites.

The Guatemalan Odyssey will be the culmination of a year long campaign to raise funds for the training of midwives in Guatemala. Traditional birth attendants still handle 95% of births in rural Guatemala and most of them are illiterate and not prepared for high risk pregnancies. The project works to transform the state of perinatal healthcare in rural areas of Guatemala. You will travel to several areas and visit the projects to see how your gifts are impacting the lives of mothers and their babies.

THE OBJECTIVES OF THE TRIP ARE AS FOLLOWS:

- To give you a glimpse into the development projects in Guatemala.
- See the problems faced by women in Guatemala and witness your gifts at work.

TOUR PRICE

From Toronto: \$2560 CAD per person. (tax receiptable) • Add-on fares available from most Canadian cities. Airlines have the option to increase taxes and add fuel surcharges until fares are paid in full.

TOUR PRICE INCLUDES:

- Round trip air transportation.
- Meals per itinerary.
- Airport transfers.
- Tours and sightseeing as per itinerary.
- Accommodations and taxes.
- Service charges.

NOT INCLUDED:

- Vaccinations and medications recommended by your travel clinic or medical care provider.
- Items of a personal nature.
- Meals while in transit.
- Cancellation & Medical Insurance.
- Tips.

Guatemala

January 14th to 24th, 2019

Day	Date	Destination	What's Happening
1	Monday, January 14	Guatemala	Arrive Guatemala city. Overnight.
2	Tuesday, January 15	Tikal	Fly to Flores. Visit the Great Mayan ruins of Tikal.
3	Wednesday, January 16	Tikal	Fly to Guatemala City and drive to Todos Santos.
4	Thursday, January 17	Todos Santos	Visit projects.
5	Friday, January 18	Comitancillo	Visit projects.
6	Saturday, January 19	Lake Atitlan	Visit maternal and newborn healthcare projects in the morning. Drive to Lake Atitlan, afternoon.
7	Sunday, January 20	Lake Atitlan	Chichicastenango Market.
8	Monday, January 21	Antigua	Visit Tecpan Health Centre.
9	Tuesday, January 22	Antigua	Meet UNAPER doctors.
10	Wednesday, January 23	Antigua	Coffee plantation.
11	Thursday, January 24	Guatemala City	Fly home.

FOR MORE INFORMATION

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TIKAL TEMPLE



Monday, January 14th

Flight arrival in Guatemala City.

Overnight.

Wednesday, January 16th

FLY TO GUATEMALA CITY • DRIVE TO TODOS SANTOS

Overnight Todos Santos.



Tuesday, January 15th

VISIT THE GREAT MAYAN RUINS OF TIKAL (PETÉN)

Tikal is one of the most extensive Mayan cities ever discovered in the world; the central plaza is surrounded by entirely intact ancient pyramids, with dozens of other massive structures hidden among the forest. You could spend all day discovering one ancient monument after another, to the backdrop of toucans flying overhead. **Overnight Tikal.**

Thursday, January 17th

Overnight in Todos Santos.

High up in the highlands, the community of Todos Santos is nestled at the bottom of a deep valley and bordered by forested slopes. After a 1½-hour climb up from Huehuetenango, we leave the Huehue–Soloma highway to follow a narrow-paved road alongside precipitous cliffs, pulling into town about an hour later.

Traditional clothing is very much in use here and, unusually, it's the male costume that is the more eye-catching. Men wear red-and-white-striped trousers, little straw hats with blue ribbons, and jackets with multicolored stripes and thick woven collars.

Todos Santos suffered terribly during Guatemala's civil war when, by some accounts, 2000 inhabitants were murdered. It is still very poor. To supplement their subsistence income from agriculture, families travel in the early part of the year to work for meager wages on coffee plantations.

Friday, January 18th

Visit maternal and newborn healthcare projects in Todos Santos.

DRIVE TO COMITANCILLO.

Saturday, January 19th

Visit maternal and newborn healthcare projects in Comitancillo.

Drive to Lake Atitlan.

Sunday, January 20th

VISIT THE MARKET CHICHICASTENANGO.

Stay overnight at a villa in Lake Atitlan.

Nineteenth-century traveler John L.

Stephens, writing in Incidents of Travel

in Central America, called Lago de Atitlán 'the most magnificent spectacle we ever saw.' Today even seasoned travellers marvel at this spectacular environment. Fishermen in rustic crafts ply the lake's aquamarine surface, while indigenous women in multicolored outfits do their washing by the banks.

Monday, January 21st

DRIVE TO ANTIGUA AND OVERNIGHT.

Visit Tecpan Health Centre.

Tuesday, January 22nd

Overnight in Antigua at a villa in the heart of the old colonial city.

Tour the city and meet the UNAPER doctors.



LAKE ATITLAN



Wednesday, January 23rd

VISIT COFFEE PLANTATION

Overnight in Antigua.

Thursday, January 24th

TRANSFER TO GUATEMALA CITY.

Fly home.

IDENTIFICATION

Remember that you are traveling outside of Canada and you will need a valid passport, valid for at least 6 months after the date of your return.

DEPOSIT

A non-refundable deposit of \$500.00 Canadian dollars per person is due upon confirmation of your reservation. Your next payments are due as instructed on the Discovery Tour application form.

As flights and tour prices are quoted in CAD dollars, prices are guaranteed only with full payment. Taxes and Fuel Surcharges can be implemented by airlines until full payment is received.

CANCELLATION FEES

All monies are 100 % non-refundable at all times or as stated in the terms provided by the airlines. We highly recommend you purchase cancellation insurance to cover yourself in case of illness by you or family member.

MEDICAL INSURANCE

Extended medical insurance must be purchased at time of booking. Usually a package of cancellation and medical is less expensive than purchasing individual insurance. You must have extended medical coverage over and above provincial medical coverage. Cancellation insurance is optional.

RESPONSIBILITY

All fares are quoted per person, based on double occupancy in Canadian dollars and are subject to availability at the time of booking. International Needs and the Travel Agent have made arrangements offered in this brochure and act solely as agents for such services and cannot be held responsible for the acts or omissions on the part of suppliers. They are not liable for any injury, damage, default of any firm or person engaged in conveying passengers, carrying out travel arrangements, strikes, war, or any other causes beyond their control.



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